



Sermon-Based Study Guide | Menlo.Church

This guide is designed to guide a group discussion around the weekend sermon. You can also use this as an individual, but we highly recommend finding a friend and inviting them to discuss with you. Menlo Church has Life Groups meeting in-person and online using these guides. We'd love to help you find a group: [Click here for our group finder.](#)

What you will find in this guide:

A discussion guide for groups and individuals. If you are using this as an individual be sure to engage with each question in a journal or simply in your mind as you prayerfully consider what you heard in the sermon and seek to discover what God is inviting you to know and do.

Sermon-Based Discussion Guide for Groups and Individuals

January 22, 2023 – Cheryl Fletcher

Hearing God: Get Help

Every group is different; please choose the questions that relate best to your group, and don't feel like you must get to every question.

Connect

- Share about a friend or family member who is a great listener and why.
- What is one question you want to ask God this week?

Engage

Read John 14:15-27, 15:26, 16:7-15; 1 Corinthians 2:6-16

- What do these passages teach about the Holy Spirit and what he reveals to us?
- How does the Spirit reveal God's truth to us?
- What does this passage teach us about Jesus?

Apply

- Cheryl talked about the local Church as a communal environment intended to help us hear God. How have you or haven't you experience church this way? Why? Why not?
- Of the convictions Cheryl mentioned to undergird a time of Listening Prayer, what is one you want to grow in believing? What can you do this week to grow in this conviction?
 - God is always, everywhere present
 - God is always doing something
 - Silence is essential
 - Every person is unique
 - The voice of God is never contrary to the Bible
 - The Spirit of God reveals the thoughts of God

Prayer

As a Group, practice listening prayer together.

1. Pray: Thank God for being present and active and desiring to speak to you.
2. Re-read just one of the Scripture passages
3. Pause and Ask God to speak to you
4. Listen, taking 3-5 minutes in silence
5. Share

REMEMBER:

- Often you will just sit with what was heard – not trying to fix or give advice – maybe return to silence
- The person sharing may ask for help discerning what they believe they heard
- Questions are always more helpful than statements
- Sometimes it's appropriate to ask: "can you say more about that? Is there other Scripture that might affirm or help us discern what you heard is from God?"
- Sometimes it's appropriate to say: "I'm not sure that sounds like God...." – Be kind.
- To live into what we hear God saying, ask: is there something God is inviting you...
 - To do or stop doing?
 - To believe or stop believing: about him, about yourself, about your circumstance?
- **Resist the temptation to get it all figured out in one gathering**
- Often we need to keep talking to God about it throughout the week and our group helps by praying for us and encouraging us and sending text-messages.

To go deeper into Listening in Relationship with God, go to our Listening Prayer Resource:
<https://menlo.church/hearing-god>

Going Deeper

Sermon Series Resources:

Check out our resource page for Hearing God. You will find a listening prayer resource, book list, and videos to help you in learning about Hearing God.

<https://menlo.church/hearing-god>

Menlo Meditations:

Listen daily to a short meditation upon scripture. They are designed to help you slow down and remember that God is with you.

<https://menlo.church/menlo-meditations>

Menlo Midweek Podcast:

Tune in every Wednesday for a conversation with the previous week's speaker. It's a deeper dive into the message and an engaging time to learn, reflect, grow—and have fun. Join us as we journey through the Unlikely Witness sermon series together!

<https://podcasts.apple.com/us/podcast/menlo-church-sermon-podcast/id129950807>