



Sermon-Based Study Guide | Menlo.Church

This guide is designed to guide a group discussion around the weekend sermon. You can also use this as an individual, but we highly recommend finding a friend and inviting them to discuss with you. Menlo Church has Life Groups meeting in-person and online using these guides. We'd love to help you find a group: [Click here for our group finder.](#)

What you will find in this guide:

A discussion guide for groups and individuals. If you are using this as an individual be sure to engage with each question in a journal or simply in your mind as you prayerfully consider what you heard in the sermon and seek to discover what God is inviting you to know and do.

Sermon-Based Discussion Guide for Groups and Individuals

March 19, 2023 – Phil EuBank

Last Words – Forsaken

Every group is different; please choose the questions that relate best to your group, and don't feel like you must get to every question.

Connect

- Where have you noticed God's love and grace in your life in the past few weeks?
- What is something that you have noticed about yourself in this season of Lent?

Engage

Read Mark 15:33-39

- What do you notice in these verses?
- What do you notice about the people around Jesus?

Read Psalm 22

- What do you notice in this psalm that relates to Jesus' experience?
- What does this psalm teach about God's character?
- How does this psalm end and how does that relate to Jesus?

Apply

- How has God met you in moments of pain or suffering?
- How have you felt when you couldn't sense God in those moments?
- What are some practices that help you process and heal from painful moments?
- Phil encouraged us to ask the question "what matters most?" What are the things that matter to you in life? Take this question into the week with your prayer time with God and maybe talk with someone close to you about what they see in your life.

Prayer

Spend time sharing in your prayer needs together and praying for each person that shares.

As each of you share, commit to praying for each other during the week.

You can use this prayer to close out your time of prayer:

“God, thank you.

Thank you for coming into the pain of the world.

Taking it upon yourself,

for us and our redemption.

Help us to remember that in our pain,

we do not turn to a God who does not know pain,

but a God who has suffered for us and with us.

In the name of Christ,

Amen.”

Going Deeper

Lent Resources:

Check out our Lent resources at the link below. This includes a digital version of our devotional guide and a new season of Menlo Meditations.

<https://menlo.church/last-words>

Menlo Midweek Podcast:

Tune in every Wednesday for a conversation with the previous week’s speaker. It’s a deeper dive into the message and an engaging time to learn, reflect, grow—and have fun.

<https://podcasts.apple.com/us/podcast/menlo-church-sermon-podcast/id129950807>