



Sermon-Based Study Guide | Menlo.Church

This guide is designed to guide a group discussion around the weekend sermon. You can also use this as an individual, but we highly recommend finding a friend and inviting them to discuss with you. Menlo Church has Life Groups meeting in-person and online using these guides. We'd love to help you find a group: [Click here for our group finder.](#)

What you will find in this guide:

A discussion guide for groups and individuals. If you are using this as an individual be sure to engage with each question in a journal or simply in your mind as you prayerfully consider what you heard in the sermon and seek to discover what God is inviting you to know and do.

Sermon-Based Discussion Guide for Groups and Individuals

October 9, 2022 – Adam Hendrix

Colossians: Following Jesus

Every group is different; please choose the questions that relate best to your group, and don't feel like you must get to every question.

Connect

- Adam said that Colossians is one of his favorite books of the Bible. Do you have a favorite book of the Bible?
- Adam highlighted how “his wife” eats half their kids Halloween candy. Have you thought about volunteering for your campuses Trick or Treat Extravaganza? <https://menlo.church/trick-or-treat-extravaganza>

Engage

Read Colossians 2:4-13

- Think back to the sermon, what was the context of this letter? Did they have seminarian trained pastors? Did the Colossians each have their own copy of the gospels to study? What is similar in our context to the Colossians? And how is it different?
- What do we learn about Jesus in this passage?
- What is Paul hoping that the Colossians do not fall into?
- Who are we to root our lives into? What do you think that means?

Apply

- What are some practical steps you can take to go to Christ for your spiritual nourishment?
- What is a spiritual practice you have stepped into this last year? What is an easy way for others in your group to utilize this spiritual practice?
- What is a spiritual practice that you could all do as a group this week? (ideas for group practices could be centered around celebration, worship, prayer or serving)

Practice for the Week

Start studying Colossians on your own, with a friend or as a group. We have made a webpage with resources and a study worksheet for each week of this series.

<https://menlo.church/colossians>

Prayer

Spend time as a group sharing your prayer needs and pray over each one after they share. Each member should remember at least one request to pray for during the week. Reach out to that person in the week and let them know you are praying for them as a note of encouragement.

Going Deeper

Menlo Midweek Podcast:

Tune in every Wednesday for a conversation with the previous week's speaker. It's a deeper dive into the message and an engaging time to learn, reflect, grow—and have fun. Join us as we journey through the Unlikely Witness sermon series together!

<https://podcasts.apple.com/us/podcast/menlo-church-sermon-podcast/id129950807>

Colossians Resources:

<https://menlo.church/colossians>