



Sermon-Based Study Guide | Menlo.Church

This guide is designed to guide a group discussion around the weekend sermon. You can also use this as an individual, but we highly recommend finding a friend and inviting them to discuss with you. Menlo Church has Life Groups meeting in-person and online using these guides. We'd love to help you find a group: [Click here for our group finder.](#)

What you will find in this guide:

A discussion guide for groups and individuals. If you are using this as an individual be sure to engage with each question in a journal or simply in your mind as you prayerfully consider what you heard in the sermon and seek to discover what God is inviting you to know and do.

Sermon-Based Discussion Guide for Groups and Individuals

October 30, 2022 – Adam Hendrix

Colossians: Following Jesus

Every group is different; please choose the questions that relate best to your group, and don't feel like you must get to every question.

Connect

- What have you learned from Colossians in this series that was new for you?
- Did you go Trick-or-Treating as a child? If yes, what was your favorite costume or 'false self' that you got to wear?

Engage

Read Colossians 3:11-17

- What does this passage teach us on relating to each other?
- What does it say about our relationship with God?
- What are we to clothe ourselves in? How do we do that?
- How are we to admonish or encourage each other?

Apply

- Do you have a story of someone showing you love recently? How did it change you?
- Read 1 John 4:16. How closely does this verse connect God and love? What do you think this means for those of us who say we are Jesus' disciples?
- What is a simple way that you can "clothe yourself in love" this week?

Practice for the Week

Start studying Colossians on your own, with a friend or as a group. We have made a webpage with resources and a study worksheet for each week of this series.

<https://menlo.church/colossians>

Prayer

Spend time sharing prayer requests and praying for each person that shares.

For the week, consider using a breath prayer to remind you of God's love for you and to clothe yourself in that love. This could be a simple prayer such as "God is love." Say it as many times in between breaths as you need to, as you settle into the reality of God's love present with you and attending to you. Set a couple timers in your day to remind you or hold an object to help remind you to say the prayer. When you say the prayer, let it be a small reorienting back to your true self.

Going Deeper

Menlo Midweek Podcast:

Tune in every Wednesday for a conversation with the previous week's speaker. It's a deeper dive into the message and an engaging time to learn, reflect, grow—and have fun. Join us as we journey through the Unlikely Witness sermon series together!

<https://podcasts.apple.com/us/podcast/menlo-church-sermon-podcast/id129950807>

Colossians Resources:

<https://menlo.church/colossians>