



Sermon-Based Study Guide | Menlo.Church

This guide is designed to guide a group discussion around the weekend sermon. You can also use this as an individual, but we highly recommend finding a friend and inviting them to discuss with you. Menlo Church has Life Groups meeting in-person and online using these guides. We'd love to help you find a group: [Click here for our group finder.](#)

What you will find in this guide:

A discussion guide for groups and individuals. If you are using this as an individual be sure to engage with each question in a journal or simply in your mind as you prayerfully consider what you heard in the sermon and seek to discover what God is inviting you to know and do.

Sermon-Based Discussion Guide for Groups and Individuals

October 23, 2022 – Adam Hendrix

Colossians: Following Jesus

Every group is different; please choose the questions that relate best to your group, and don't feel like you must get to every question.

Connect

- Adam talks about his trip to the 'Fake Grand Canyon' and then turning to see the real Grand Canyon. What natural landmark has made your jaw drop?
- How does seeing beautiful places cause you to think about God?

Engage

Read Colossians 3:5-7

- What do we learn about Christ in this passage?
- What do we learn about our relationship with Christ in this passage?
- What does this passage teach us about our relationship to each other?
- How does this passage shape our identity as followers of Jesus?

Apply

- Do you operate out of a base of shame? How can revealing your shame and standing in God's truth help you to put down your false self?
- How do you think about surrender to God? Is it difficult to release your control and life to God?
- We rarely think of repenting in our daily lives, but what if we broke it down to the definition: *turning from one direction to another*. What would it look like for you to practically think about turning your life each day into the way of Jesus? Would your days look the same or different?

Practice for the Week

Start studying Colossians on your own, with a friend or as a group. We have made a webpage with resources and a study worksheet for each week of this series.

<https://menlo.church/colossians>

Prayer

Spend time as a group in silence. Each person silently offer up to Jesus what you need to release. Ask God to reveal your inner being with the truth of love.

After you have had time in silence, have one person read this prayer:

*Glorious God,
Thank you for loving us.
Even when we are far down the road
and still covered with the smell of the pig pens,
YOU come running to meet us
with extravagant, lavish love.
Help us to turn now, and follow you
with all that we are, in full obedience.
In Jesus' name,
Amen.*

Going Deeper

Menlo Midweek Podcast:

Tune in every Wednesday for a conversation with the previous week's speaker. It's a deeper dive into the message and an engaging time to learn, reflect, grow—and have fun. Join us as we journey through the Unlikely Witness sermon series together!

<https://podcasts.apple.com/us/podcast/menlo-church-sermon-podcast/id129950807>

Colossians Resources:

<https://menlo.church/colossians>