



## Sermon-Based Study Guide | Menlo.Church

This guide is designed to guide a group discussion around the weekend sermon. You can also use this as an individual, but we highly recommend finding a friend and inviting them to discuss with you. Menlo Church has Life Groups meeting in-person and online using these guides. We'd love to help you find a group: [Click here for our group finder.](#)

### What you will find in this guide:

A discussion guide for groups and individuals. If you are using this as an individual be sure to engage with each question in a journal or simply in your mind as you prayerfully consider what you heard in the sermon and seek to discover what God is inviting you to know and do.

## Sermon-Based Discussion Guide for Groups and Individuals

October 2, 2022 – Cheryl Flectcher

Colossians: Following Jesus

Every group is different; please choose the questions that relate best to your group, and don't feel like you must get to every question.

### Connect

- If you owned a restaurant that served only three things, what would you serve and why?
- Share how someone has "suffered" for your good in the past 5 years.

### Engage

Read Colossians 1:24 to 2:5

- What disturbs you in this passage?
- What is most meaningful about Paul's suffering?
- What are three things Paul wanted for the Colossian church (as well as Laodicia)?
- What do you imagine "strenuously contending" (1:29; 2:1) looked like for Paul?
- Read 2 Corinthians 12:7-10 and discuss how Paul regarded power and what that could mean for you.

### Apply

- What is one thing that you can do this week to deepen your interaction with God in prayer?

## Practice for the Week

Start studying Colossians on your own, with a friend or as a group. We have made a webpage with resources and a study worksheet for each week of this series.

<https://menlo.church/colossians>

## Prayer

Have each person fill out a 3x5 card with 3 prayer requests for the week with their preferred way to be contacted (call, text, email). Then have them give the card to the person on their right.

Commit to pray for the person and touch base them once during the week. If you are comfortable pray for them over the phone or send your prayer via text/email.

## Going Deeper

### Menlo Midweek Podcast:

Tune in every Wednesday for a conversation with the previous week's speaker. It's a deeper dive into the message and an engaging time to learn, reflect, grow—and have fun. Join us as we journey through the Unlikely Witness sermon series together!

<https://podcasts.apple.com/us/podcast/menlo-church-sermon-podcast/id129950807>

### Colossians Resources:

<https://menlo.church/colossians>