



ONSITE GATHERINGS

PRECAUTIONS

Menlo Church wants all our onsite gatherings to be warm, welcoming, and safe. We are following our governmental regulations.

As of June 17, 2022

Masks are optional for congregants whether indoors or outdoors

Masks are required indoors for the following groups:

- Staff and volunteers working with children in Pre-Kindergarten or younger
- Kids ages 2+ when they are in programs for Pre-Kindergarten or younger

Food - There are no COVID restrictions regarding food consumption

Regardless of vaccination status, please stay home and monitor your health if you have any of the symptoms of COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

VACCINE RESOURCES

If you need help scheduling your vaccination or booster shot, visit [vaccines.gov](https://www.vaccines.gov) to find a location near you. If you are concerned about the impact of the vaccines, go to christiansandthevaccine.com to learn more about the vaccines and for answers to theological questions related to the vaccines.

MEASURES WE ARE TAKING AT OUR SUNDAY GATHERINGS

- **Air flow:** Filters have been upgraded at all of our campuses.
- **Singers:** Are required to have a negative COVID test (PCR) within 72 hours of performing or a negative same-day rapid test.
- **Outdoor Seating:** Our San Mateo, Mt. View, and Saratoga campuses have outdoor seating available for Sunday worship services.