

 **ONSITE GATHERINGS**
PRECAUTIONS

Menlo Church wants all of our onsite gatherings to be warm, welcoming and safe. We are following our governmental regulations.

Effective January 1, 2022

Masks are required indoors for everyone.

Masks are optional outdoors.

Additional guidance:

Regardless of vaccination status, please stay home and monitor your health if you have any of the symptoms of COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If you are unvaccinated and any of the following circumstances apply to you, please join us online instead of coming onsite:

- You have any of the above symptoms
- You have tested positive for COVID-19
- You have been in close contact with someone who has COVID-19
- You have traveled outside of California in the last 10 days

VACCINE RESOURCES

If you need help scheduling your vaccination or booster shot, visit [vaccines.gov](https://www.vaccines.gov) to find a location near you. If you are concerned about the impact of the vaccines, go to [christiansandthevaccine.com](https://www.christiansandthevaccine.com) to learn more about the vaccines and for answers to theological questions related to the vaccines.

MEASURES WE ARE TAKING AT OUR SUNDAY GATHERINGS

- **Air flow:** Filters have been upgraded at all of our campuses.
- **Singers and Speakers:** When singers and speakers are unmasked, they are required to be fully vaccinated and have a negative COVID test (PCR) prior to the worship services, and when available, a negative same-day rapid test as well.
- **Outdoor Seating:** Our San Mateo, Mt. View, and Saratoga campuses have outdoor seating available for Sunday worship services.