

ONSITE GATHERING PRECAUTIONS

Menlo Church wants all of our onsite gatherings to be warm, welcoming, and safe. We will do this while following CDC guidelines and adhering to county regulations. Below are some of the precautions which will be in effect until public health authorities indicate they are no longer needed.

- Masks will be required indoors, including those who have been vaccinated
- No food or drink will be allowed
- Physical distancing is encouraged, particularly for those who are unvaccinated
- Singing with masks is allowed

Additionally, anyone with the following circumstances will be asked to refrain from coming onsite:

- Had exposure to someone with COVID within 14 days
- Have any symptoms:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- Have traveled outside of California in the last 10 days and are not vaccinated
- Have had anyone in your home who has traveled internationally within 10 days